

FOREWORD

This handbook on sickle-cell disorder is indeed an important bridge between the often incomprehensible medical jargon and the layman, on the pathogenesis of the disease. Its general knowledge approach is, no doubt, the missing key needed by most parents and guardians to unlock the mysterious door of the condition.

Clinical descriptions have been curtailed in simple, concise but understandable terms. I believe there is the clear hope that as more persons become acquainted with the features of this condition, and the clear and simple management steps proffered by Mrs. Hilda Ogbe, the doctor-patient relationship will be enhanced and management will be collaborative.

The advice on the treatment methods is dogmatic; nonetheless, it is based on what the author has tried out for many years.

The completeness of this book (in the backdrop of the valued counsel, aimed at preventing the continuous occurrence of this disorder, especially for parents and intending couples) cannot be overemphasized. This book is indeed a great help in times of need, and should be in every home.

Dr. G. D. Yovwin
University of Benin Teaching Hospital
Dept. of Family Medicine
Nov., 2003

Summary

Conquer the problem of Sickle-cell?

Now dear reader, look at yourself in the mirror! You are, or will be, a conqueror, a winner, when you follow the advice given in this book.

Your body is like that of the finest car, say, like a Rolls Royce. It needs a little extra care, extra polishing, extra oiling, careful handling of the engine, regular use of hydraulic, and careful driving to avoid scratches.

But oh, how it shines!

That is how you will shine, be strong and healthy with the regular use of the herbal capsules and invigorating use of *Jobelyn* when needed.

Take heart!

Look up!

The world is there for you!

The herbal capsules are not in the market yet. They are given out during consultation with Mrs. Ogbe between 6-7 pm, Monday to Friday (not weekends and public holidays).

Mrs. Hilda Ogbe

18 Delta Crescent

P.O. Box 2641

G.R.A. Benin City,

Nigeria.

Tel:052-253217

E-mail:hrogbe@uniben.edu