



## Infertility and marriage instability

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*The Chief Executive Officer (CEO) of Health Forever Products, Chief Olajuwon Okubena, answers from his Ikeja office in Lagos.*

Mrs Colins (not real name) was visibly worried when narrating her story to me in my office. Her marriage seven years ago was opposed by her mother-in-law on account because she hails from the South-western part of the country whereas her husband is from the other side of the Niger River.

In her words: "I was hoping that the arrival of a baby would change the attitude of my parents in law but that was not to be. As the years rolled by without the sign of pregnancy in sight, the pressure continued to mount. My husband was very co-operative and we moved round almost all the known gynecologist in Lagos area.

"Simultaneously, we joined all the Pentecostal churches available to tackle the problem from the spiritual angle and for years, we were hoping against hope. At one stage, we were tempted to visit native herbalists, a friend introduced me to the IVF solution and my husband did not hesitate to make available the huge amount of money demanded fro this exercise but it was like the last straw to break the camel's back. My husband has now started listening to his mother and I suspect a new wife from the village is being arranged for him."

She started weeping profusely and it was difficult to console her. I allowed her to exhaust her emotional expression and gave her an appointment to visit me with her husband. I suggested that they should bring along the results of all laboratory tests done in the last few years.

On the appointed date, she came but was unaccompanied by the husband. Fortunately, she brought a load of laboratory reports which showed that she was having irregular menstrual flow, blocked fallopian tube and moderate infection of staphylococcus, while the husband had weak erection, premature ejaculation, low sperm count.

On further interrogation, it was revealed that the husband is almost losing interest in the sexual activities on the excuse of pressure of work, stress of traffic jams and so on.

Infertility is the inability of a couple to conceive after one year of unprotected sex. A third of the cases are due to a male factor, another third are due to a female factor while the remaining cases are due to "unexpected factors".

For most couples, there will be several diagnoses of various conditions over time, treatments that do not improve the condition, not to mention the emotional and financial stress of simply moving from one solution to another. During this extremely difficult period, it is important not to lose focus while wading through all the available treatments on offer.

problem because in a recent article published in the USA NEWS titled: "Drug-Resistant Staphylococcus a Widespread Threat- Dangerous infections occurring more often than previously believed, study finds that it was reported that "potentially deadly, drug-resistant Staphylococcus infections are more common, both in and out of hospitals, than experts once thought, a new study warns.

"Methicillin-resistant Staphylococcus aureus (MRSA) infections are the top causes of skin and soft tissue infections among people in hospitals and can result in severe and even fatal disease. In fact, MRSA infection account for almost 19, 000 deaths and more than 94,000 life-threatening illnesses each year in the United States."

If the US could raise the alarm about this infection, it is better imagined how every Nigerian walks into the pharmacy shops to buy antibiotics without a doctor's prescription.

We are much aware that a large percentage of infertility in this country is caused by the MRSA and over the years, we have developed a therapy that has succeeded in many cases.

Some years ago, I had an encounter with Mr. Femi Kusa who was then the Editor-in-Chief of the rested *The Comet* Newspapers, he decided to do what he termed a kitchen experiment with the new product we discovered.

The result of his experiment was published in *The Comet* Newspapers sometime in 2001 under the title "Bye bye to staphylococcus, the unconquerable". This was at a time when Health Forever Products Limited was developing the product called BENABIOTIC which was later packaged for sale and have since been used by Health Forever Clinic to reverse several cases of infertility. In the opening paragraphs of the article, Mr. Kusa stated that:

"Believed me, this is not a joke! A herbal remedy may be on the way which, in only one month, could rid the body of all the colonies stacked up by staphylococcus over several years to inflict all those unbearable aches and remedy in all seriousness. Perhaps prematurely, to help open a health gate, but careful not to be a harbinger of false hope for all those hundreds of thousands, if not millions, of people in this country who live under the siege of staphylococcus.

This Editor worked me up into lifting this veil, I must confess, when he asked me once or twice last month what staphylococcus was all about, he had received letters from some readers making enquiries and had even published one or two of them. To be frank, I am aware staphylococcus defies several pharmaceutical remedies, except perhaps *vancomycin*.

Even then, only rarely is *vancomycin* the staphylococcus waterloo. It walks away majestically free from all traps, causing destabilizing internal heat, which may be confused with the hot flashes of menopausal hormonal imbalances; literally, it lives on the sperms in men, subjecting them to not only low sperm count, but taking away their libido as well and creating erectile dysfunction problems for them.

For women, the monthly cycle is disarranged, if not disparaged, and they itch severely in the secret place. For men, occasional physical reminder that they still live with staph, as staphylococcus is also called, could be pinching inside the tip of their organs. Many sufferers speak of feeling of "something walking up and down" in their bodies. This may very well be effects on internal tissue of the protein toxins secreted by these bacteria, against which the body fails to produce effective antibodies.

The body would have been partly incapacitated by a weakened immune system, creating gaps in its defences which the bacteria exploited to start with. And to worsen the situation, staphylococcus secretes enzymes which depopulate the fighter white blood cells."

An important issue raised by Mr. Kusa in his article was the impact of staphylococcus attack on the immune system. Many medical doctors have been prescribing Vitamin E which describes a family of eight antioxidants and one of these; alpha-tocopherol is the form that is actively maintained in the body. Vitamin E maintains the integrity of cell membranes in the body by neutralizing free oxygen radicals which would otherwise disrupt this function leading to several diseases in the body.

High concentrations of free radicals have been identified in a significant number of infertile men especially in cases where the cause is thought to be unexplained. Several studies have also established that the presence of these toxins affects the quality of the sperm in terms of its count, morphology and motility.

This is the reason why vitamin E, an antioxidant, has long been prescribed because of its ability to neutralize these free radicals. However, Jobelyn has a clear advantage because it has been shown scientifically to have a significantly higher antioxidant capacity (3,123 using the ORAC value) than vitamin E.

Free radicals have been implicated in conditions like endometriosis, polycystic ovarian disease, tubal factor infertility and unexplained infertility.

The emphasis here is not to use Jobelyn to treat each condition in order to achieve a cure, but to re-balance the body by neutralising the free radicals that cause these conditions. This is because pregnancy is still often times achieved in the presence of these conditions.

Couples intending to achieve pregnancy ought to maximise their chance by meticulously preparing their bodies. Ensuring good nutrition, avoiding alcohol and smoking, preventing sexually transmitted diseases are some basic ways of maximizing fertility. However, this must be supplemented by simply ensuring that the reproductive system is working at its best by fortifying the body with natural substances such as antioxidants that rid the body of toxins that have been implicated in most of the causes of infertility.

Jobelyn is a natural super-antioxidant and when combined with Benabiotic has been conclusively identified as improving both male and female infertility.